



Patella Luxation Surgery Aftercare Information Sheet

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Patient: {PATIENT FULL NAME}

Date: January 31, 2022

Presenting Complaint: {Left/Right} rear limb lameness.

Diagnostics: Radiographs of the {left/right} stifle revealed _____. Pre-operative bloodwork was unremarkable.

Diagnosis: {Left/Right} Medial Patellar Luxation

Surgery: {NAME} had surgery performed to correct the {left/right} patella luxation. {NAME} did well under anesthesia and recovered without incident.

Medications:

1. **Rimadyl (___mg):** Give 1 tablet by mouth every 12 hours with food. Please watch for signs of gastrointestinal upset: loss of appetite, vomiting, diarrhea, and black stools. If these signs occur your pet could be sensitive to these medications and they should be discontinued and a veterinarian contacted. This medication was given in hospital at _____.
2. **Antibiotics (___mg):** Give 1 tablet by mouth every 12 hours with food. This is an antibiotic medication. This medication was given in hospital at _____.
3. **Gabapentin (___mg):** Give 1 capsule by mouth every 8-12 hours as needed for pain relief. This medication may cause sedation. This medication was given in hospital at _____.
4. **Glucosamine/Chondroitin sulfate:** I recommend giving a joint supplement with glucosamine and chondroitin sulfate as a life-long supplement. Supplements are not regulated by the FDA, and the actual content of glucosamine in each brand can differ greatly. Veterinary products Dasequin and Cosequin are quality controlled and are the best recommendation for {NAME}. Follow the directions on the bottle. This can likely be filled with Dr. {RDVM}.

Diet: Normal

It is recommended that {NAME} lose weight. You should be able to feel a dog's ribs easily without seeing them. Also, dogs should have a waist when viewed from the top and from the side. {NAME} probably needs to lose about ___ pounds. There is a great diet called Hill's Metabolic & Mobility that changes a dog's metabolism to allow them to lose weight. It also has many joint supplements to help with arthritis long term. Feed this diet only, according to the directions on the bag. Do not give any treats or additional food. Alternatively, you can decrease the amount fed of the current diet by 25%. If this does not accomplish the desired weight loss, Dr. {RDVM} can help you formulate a diet plan.

Exercise: Restrict activity for the next 8 weeks. Short leash walks are permitted for urination and bowel movements only. No running, jumping, climbing stairs or roughhousing with other pets or people. Strenuous activity can break down the repair that was performed, and thus prevent successful recovery.

Incision: Please check the incision for signs of infection: redness, swelling, pain or discharge. Do not allow {NAME} to lick at the incision. An E collar should be used to keep {NAME} from licking at the incision

Suture Removal: Please have the sutures removed by Dr. {RDVM} 10-14 days from the day of surgery. Please make an appointment with Dr. {RDVM} in that time frame.

Recheck: Please schedule an appointment with Dr. {RDVM} in 8 weeks after surgery to have radiographs repeated to evaluate healing. This can be a drop off appointment and {NAME} may need to be sedated for the x-rays. Please do not feed breakfast the morning of the appointment.

Implants: It is common for the pins used in the repair to migrate from the bone within the first 6 months from surgery. If you see swelling at the front of the knee or feel the pins underneath the skin, please recheck with Dr. {RDVM}. These pins can be pulled once the bone has healed and this is a very minor procedure.

Clinician: Joshua Bruce, DVM, DACVS-SA

Thank you for allowing us to care for {NAME}!